

25.1.94

THE INTERNATIONAL
CONGRESS ON SMOKING
CESSATION

S.E.C.C.
GLASGOW



EINGEGANGEN
06. Sep. 1993

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FIRST ANNOUNCEMENT
AND CALL FOR ABSTRACTS

2028389199

Anlage 7

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Travel Request Form

Abstract Form

Registration and Hotel Reservation Form

MAJOR SPONSOR

The Organising Committee would like to express its gratitude to the following major sponsor whose support has been of great value in establishing the International Congress on Smoking Cessation to date.

Kabi Pharmacia Nicorette
Box 941
S-251 09 Helsingborg
Sweden



Convex Travel is the
Official Agent for this
Congress

2028389200

WELCOME ADDRESS

Dear Colleagues and Friends

The International Congress on Smoking Cessation will take place in Glasgow, Scotland, from 5-8 March 1994 (inclusive).

The scientific programme will consist of major plenary sessions, oral presentation sessions, poster display/discussion sessions, workshops and satellite symposia. The programme has been designed to focus on the rationale for smoking cessation to reduce the risks of both active and passive harmful effects, the ways in which these risks might be reduced and the practical approach to smoking cessation. The latter part of the congress will concentrate on the practical issues, looking at available intervention strategies and their embodiment in a comprehensive approach to the problem.

Glasgow is a city bestowed with some of the finest Victorian architecture, classical and modern art and opera. Championship golf and spectacular scenery are close at hand. These attractions, combined with an excellent conference centre, make Glasgow an ideal venue for this event. I have the pleasure of inviting the international scientific community to what should be a stimulating scientific event and a fruitful congress for all participants.



Sir Richard Doll
Emeritus Professor of Medicine
University of Oxford
CONGRESS CHAIRMAN

2028389201

IMPORTANT ADDRESSES

For all enquiries relating to the scientific programme:

Sir Richard Doll
Congress Chairman
International Congress on Smoking Cessation
c/o Mr David Caldwell
Gardiner-Caldwell Communications Ltd
The Old Ribbon Mill, Pitt Street
Macclesfield, Cheshire SK11 7PT, UK
Tel: 0625 615325 (direct line)/618507. Fax: 0625 616563

For all enquiries relating to the meeting organisation:

Mr James Arthur
Secretariat Office
International Congress on Smoking Cessation
Gardiner-Caldwell Communications Ltd
The Old Ribbon Mill, Pitt Street
Macclesfield, Cheshire SK11 7PT, UK
Tel: 0625 615325 (direct line)/618507. Fax: 0625 616563

For all enquiries relating to exhibition space:

Mr Neil Smith
International Congress on Smoking Cessation
Gardiner-Caldwell Exhibition Group
Unit 2, Snape Road, Hurdfield Industrial Estate
Macclesfield, Cheshire SK10 2NZ, UK
Tel: 0625 615325. Fax: 0625 616563

For all enquiries relating to travel:

Mrs Carole Thornton
International Congress on Smoking Cessation
Convex Travel, The Old Ribbon Mill, Pitt Street
Macclesfield, Cheshire SK11 7PT, UK
Tel: 0625 427304. Fax: 0625 502058

ORGANISING AND SCIENTIFIC COMMITTEE MEMBERS

Chairman:

Sir Richard Doll, Oxford, UK

Organising Committee

Professor J N Diana, Lexington, USA

Dr K O Fagerström, Helsingborg, Sweden

Dr J Y Jeremy, London, UK

Dr D P Mikhailidis, London, UK

Professor M A H Russell, London, UK

Scientific Committee

Dr S W Clarke, London, UK

Professor J N Diana, Lexington, USA

Professor E Ernst, Vienna, Austria

Dr K O Fagerström, Helsingborg, Sweden

Professor Y Goto, Isehara, Japan

Professor M Kunze, Vienna, Austria

Dr D Hoffmann, New York, USA

Professor D Julian, London, UK

Professor R M Pittilo, Kingston-upon-Thames, UK

Professor M A H Russell, London, UK

Dr D P L Sachs, Palo Alto, USA

Professor A G Shaper, London, UK

Dr P Tannesen, Copenhagen, Denmark

Scientific Secretary

Mr A S Caldwell, Oxford, UK

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SCIENTIFIC PROGRAMME

The Scientific Programme will consist of major plenary sessions presented by invited speakers, as well as oral presentation sessions, poster display/discussion sessions, workshops and satellite symposia. Details of the dates and times of all these scientific events can be found on the Programme Overview on Page 7. The following is a list of the topics that will be included in the plenary sessions which run from Sunday 6 March to Tuesday 8 March inclusive.

Section 1. Reasons for Smoking Cessation: Active Smoking

- a. **The Epidemiological Evidence**
 - The epidemiology of smoking-related disorders: An overview
 - Epidemiological trends in developing countries
 - Components of smoke and morbidity - what is responsible?
- b. **Recent Developments in Pathogenesis**
 - Cancer
 - Respiratory diseases
 - Cardiovascular disease
 - Atherogenesis
 - Haemostatic function
 - Osteoporosis
- c. **Reproductive and Developmental Effects**
 - Maternal smoking and effects on the foetus/neonate
 - Long-term effects on mental/physical development
 - Impotence and subfertility

Section 2. Reasons for Smoking Cessation: Passive Smoking (ETS)

- Health risks associated with ETS: An overview
- Practical problems in quantifying ETS
- ETS and lung disease
- ETS and coronary vascular disease
- ETS and the child

Section 3. Reducing the Risks of Smoking

- Low tar cigarettes
- Smokeless tobacco and heart disease
- Benefits accruing at different ages
- Reversal of pathology in CVD

Section 4. Practical Difficulties in Stopping Smoking

- a. **Nicotine and Dependence**
 - Pharmacology
 - Psychopharmacology
 - Nicotine dependence
 - Rewarding effects of nicotine

SCIENTIFIC PROGRAMME (continued)

- b. **Potential Benefits of Nicotine**
 - Psychological benefits of smoking
 - Beneficial effects of nicotine in ulcerative colitis
 - Smoking and Alzheimer's/Parkinson's diseases
 - Smoking and body weight

Section 5. Smoking Cessation Interventions

- a. **Non-Pharmacological Interventions**
 - Health education in schools
 - Counselling
 - Mass media
 - b. **Nicotine Replacement Therapy**
 - Nicotine chewing gum
 - Nicotine patches
 - Nicotine sprays
 - Nicotine inhalers
 - c. **Other Pharmacological Interventions**
- Section 6. The Comprehensive Approach**
- The GP dilemma - how to help patients to quit?
 - Stop smoking clinics/seminars
 - Assessment of cessation interventions
 - Overview of The Comprehensive Approach

WORKSHOPS

Tuesday 8 March has been designated as an Open Day for pharmacists, GPs and clinic nurses in the Glasgow area. On this particular day, it is hoped that a number of practical workshops will be held within the SECC.

SATELLITE SYMPOSIA

Satellite symposia will be organised by the industry on the afternoons of Saturday 5 March and Sunday 6 March, and on the morning of Monday 7 March 1994. Pending approval by the Scientific Committee, titles and contents of the sessions will be published in the Final Programme.

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CALL FOR ABSTRACTS

The Scientific Committee welcomes the submission of Abstracts on the subject categories outlined in the pull-out section of this Announcement. Notification of acceptance and of whether the abstract has been selected for poster presentation or oral presentation (in the parallel sessions) will be given in December 1993. All accepted abstracts will be published in the Abstract Book. All presenters of accepted abstracts are required to register for the congress.

DEADLINE FOR SUBMISSION OF ABSTRACTS: 1 OCTOBER 1993

POSTERS

There will be a full selection of posters on display throughout the congress and the Committee especially welcomes communications in this form. Poster preparation details will be forwarded to the author once an abstract has been received and accepted.

The Scientific Programme incorporates three poster sessions which will take place during the lunch breaks on Sunday 6, Monday 7 and Tuesday 8 March. Presenters should be available for discussion during these poster sessions.

TECHNICAL INFORMATION

Overhead projection and single slide projection will be made available in all sessions, except workshop sessions. Double slide projection will be available on request only.

Slides

Please follow the simple rule: no more than 5-8 lines, each line containing no more than 5-8 words, on any one slide. Avoid presenting more than one graph per slide and avoid large tables. Generally one should show no more than one slide per minute during an oral presentation.

Speakers are kindly requested to hand in their slides and check them through at the Slide Preview Room at least one hour before the beginning of their respective sessions.

2028389204

THE INTERNATIONAL
CONGRESS ON SMOKING
CESSATION

S.E.C.C.
GLASGOW
5-8 MARCH 1994

Scottish
Exhibition
Centres
Glasgow

Pull-out section contains

TRAVEL REQUEST FORM

ABSTRACT FORM

**REGISTRATION AND
HOTEL RESERVATION FORM**

IMPORTANT DATES TO REMEMBER

Deadline for receipt of abstracts	1 October 1993
Deadline for early registration	15 December 1993
Deadline for travel requests	15 December 1993
Deadline for advance registration	25 February 1994

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**INTERNATIONAL CONGRESS ON SMOKING CESSATION
TRAVEL REQUEST**

Convex Travel, a wholly-owned subsidiary of Gardiner-Caldwell Communications Ltd, specialises in travel for medical meetings. As the official agent for this congress, Convex Travel will make all necessary travel arrangements on your behalf.

Please return this form, along with your registration and hotel requirements, to:
Gardiner-Caldwell Communications Ltd
International Congress on Smoking Cessation
The Old Ribbon Mill, Pitt Street, Macclesfield, Cheshire SK11 7PT, UK

Passenger Details

No. of people travelling _____
Family name _____
First name _____
Title (Prof., Dr, Mr, Mrs, Miss, Ms) _____
Address _____

Tel No. _____ Fax No. _____

Please state name and relationship of any accompanying person:

Name _____
Relationship _____

Outward Travel

My nearest airport is: _____
I wish to depart on (date): _____
My preferred departure time is: _____

Return Travel

I wish to return on (date): _____
My preferred return time is: _____

Class of Travel Business Economy

I wish to pay by credit card

Credit card _____
Credit card number _____ Expiry date _____
Name of card-holder _____
Billing address _____

Signature _____

N.B. The closing date for receipt of travel requests is 15 December 1993

Thank you. Your co-operation is appreciated

2028389206

SUBJECT CATEGORIES

Section 1. Reasons for Smoking Cessation: Active Smoking

- a. The Epidemiological Evidence**
 - a1 The epidemiology of smoking-related disorders
 - a2 Epidemiological trends in developing countries
 - a3 Components of smoke and morbidity – what is responsible?

- b. Recent Developments in Pathogenesis**
 - b1 Cancer
 - b2 Respiratory diseases
 - b3 Cardiovascular disease
 - b4 Atherogenesis
 - b5 Haemostatic function
 - b6 Osteoporosis

- c. Reproductive and Developmental Effects**
 - c1 Maternal smoking and effects on the foetus/neonate
 - c2 Long-term effects on mental/physical development
 - c3 Impotence and subfertility

Section 2. Reasons for Smoking Cessation: Passive Smoking (ETS)

- a. Practical Problems in Quantifying ETS**
- b. ETS and Lung Disease**
- c. ETS and Coronary Vascular Disease**
- d. ETS and the Child**

Section 3. Reducing the Risks of Smoking

- a. Low Tar Cigarettes**
- b. Smokeless Tobacco and Heart Disease**
- c. Benefits of Cessation at Different Ages**
- d. Reversal of Pathology in CVD**
- e. Cancer Chemoprotection**

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SUBJECT CATEGORIES (continued)

Section 4. Practical Difficulties in Stopping Smoking

- a. Nicotine and Dependence**
 - a1 Pharmacology
 - a2 Psychopharmacology
 - a3 Nicotine dependence
 - a4 Rewarding effects of nicotine
- b. Potential Benefits of Nicotine**
 - b1 Psychological benefits
 - b2 Beneficial effects of nicotine in ulcerative colitis
 - b3 Smoking and Alzheimer's/Parkinson's diseases
 - b4 Smoking and body weight
 - b5 Anti-oestrogenic effect (endometrial carcinoma)

Section 5. Smoking Cessation Interventions

- a. Non-Pharmacological Interventions**
 - a1 Health education in schools
 - a2 Counselling
 - a3 Mass media
- b. Nicotine Replacement Therapy**
 - b1 Nicotine chewing gum
 - b2 Nicotine patches
 - b3 Nicotine sprays
 - b4 Nicotine inhalers
- c. Other Pharmacological Interventions**

Section 6. The Comprehensive Approach

- a. The GP Dilemma - How to Help Patients to Quit?**
- b. Smoking Cessation Clinics/Seminars**
- c. Comprehensive Approach - Practical Experiences**

2028389208

POST CARD



From: *The Scientific Secretariat*
International Congress on Smoking Cessation

Name: _____

Address: _____

Country: _____

INDEX CARD

Family Name: _____
(Presenting Author)

First Name: _____

Title (Prof./Dr/Mr/
Mrs/Miss/Ms): _____

Title of Abstract: _____

Address: _____

Tel No: _____ Fax No: _____

Abstract No: _____
Date Received: _____
FOR SECRETARIAT USE ONLY

2028389209

ACKNOWLEDGEMENT CARD

The Secretariat acknowledges receipt of your abstract entitled [author – please include your abstract title here]:

which has been allocated the following number: _____

This abstract number should be quoted in any future correspondence.

Your abstract will be reviewed by the Scientific Committee and you will be informed shortly whether or not it has been accepted for presentation.

2028389210

INSTRUCTIONS FOR PREPARATION OF ABSTRACTS

Authors are requested to study the instructions given below before preparing abstracts.

1. Abstracts must be typed in English and single spaced on the enclosed Abstract Form.
2. Abstracts will be reproduced exactly as submitted. However, an abstract may be rejected for publication if it contains errors or mis-spellings, or if it is not legible. The Secretariat will not accept faxed abstracts for publication.
3. Type within the blue frame. Use a good quality typewriter. Give the initials and last name of every author, but omit degrees, titles or institutional appointments. Full names of authors must be exactly the same in all abstracts when more than one abstract is submitted. The person presenting the paper should have his/her name mentioned first and underlined. Indicate the name and address of the institution where the work was done.
4. Capitalise the entire title within the box provided and do not abbreviate.
5. The text should be arranged as follows:
 - (i) Purpose of the study
 - (ii) Methods
 - (iii) Summary of results
 - (iv) Conclusions (It is not satisfactory to state "The results will be discussed").

Do not use subtitles, e.g. 'Methods', 'Results', 'References'.
6. Use standard abbreviations. Place a special or unusual abbreviation in parentheses after the full word, the first time it appears.
7. Use generic names of drugs.
8. Simple tables or graphs may be included (in black ink) if they fit within the blue lines.
9. References should be listed numerically in the text, e.g. [1], [2], and then placed at the bottom of the text (authors – use *et al.* if more than one author – year, abbreviated journal title, volume no., page nos). Do NOT use a separate heading for references.
10. The abstract should not be bent or folded – please include a cardboard backing to protect it in transit.

Please read **INSTRUCTIONS FOR PREPARATION OF ABSTRACTS** carefully before typing.

DEADLINE FOR SUBMISSION OF ABSTRACTS: 1 OCTOBER 1993

2028389211

DO NOT SEPARATE THESE TWO PAGES

Send the **ORIGINAL** abstract form and **EIGHT** photocopies (PLUS the completed Index and Acknowledgement cards) to:

Mr A D S Caldwell
International Congress on Smoking Cessation
Gardiner-Caldwell Communications Ltd
The Old Ribbon Mill, Pitt Street,
Macclesfield, Cheshire SK11 7PT, UK

Presentation preference: Oral only Poster only or poster Either oral or poster

Please select the appropriate subject category number and letter you wish to use for your abstract from those listed previously and enter here, e.g. 1 b s:

Section No. Letter/No.

Presenting Author

Name _____
Address _____
Telephone _____ Fax _____
Signature _____ Date _____

DEADLINE FOR SUBMISSION OF ABSTRACTS: 1 OCTOBER 1993

Publication

It is anticipated that the abstracts will be published (with author's permission) in a supplement to The Journal of Smoking-Related Disorders (JS-RD). Please indicate, in the box provided, if you do not wish your abstract to be published.

Enter an X in the box if abstract is not to be published

Title _____

Author's name & address _____

Text _____

2028889212

The Journal of Smoking-Related Disorders

Editors: D.P. Mikhailidis, J.Y. Jeremy

Royal Free Hospital School of Medicine, London, UK

A special reduced subscription rate of £60.00 (normal rate £70.00) is available to registered delegates of the International Congress on Smoking Cessation. This includes at least three issues of Volume 5 (1994) and any supplements

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A Paper

A Review

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Please send a complimentary copy

Name _____ Address _____



Correspondence/subscription address:

Publishers: Gardiner-Caldwell Communications Ltd
The Old Ribbon Mill, Pitt Street, Macclesfield, Cheshire SK11 7PT, UK
Tel: 0625 618507. Fax: 0625 610260

2028389213



**ATTN: K. WILKINSON
THE JOURNAL OF SMOKING-RELATED DISORDERS
GARDINER-CALDWELL COMMUNICATIONS LTD
THE OLD RIBBON MILL
PITT STREET
MACCLESFIELD
CHESHIRE SK11 7PT
UNITED KINGDOM**

ISSN 0959-2431



The Journal of Smoking-Related Disorders

2028389214

INTERNATIONAL CONGRESS ON SMOKING CESSATION

5-8 MARCH 1994, SCOTTISH EXHIBITION AND CONFERENCE CENTRE,
GLASGOW, SCOTLAND, UK

Participation in the Congress is open to clinicians, nurses and clinical scientists throughout the world, interested in the exchange of information on the risks of smoking and cessation techniques.

REGISTRATION

(Please read the General Information before filling in this form)

Please write in **CAPITAL LETTERS**

Family name _____ First name _____

Title (Prof., Mr, Mrs, Miss, Ms) _____

Position held _____ Qualifications _____

Affiliation _____

Address _____

Tel No. _____ Fax No. _____

Name of accompanying person (if appropriate) _____

REGISTRATION FEES

Please tick appropriate box

	Before 15.12.93	After 15.12.93
Subscribers to JS-RD*	£255 [†] <input type="checkbox"/>	£275 <input type="checkbox"/>
Non-subscribers to JS-RD*	£270 [†] <input type="checkbox"/>	£295 <input type="checkbox"/>
Single Day	£130 <input type="checkbox"/>	£130 <input type="checkbox"/>
Student/Nurse	£130 <input type="checkbox"/>	£130 <input type="checkbox"/>
Accompanying Person	£75 <input type="checkbox"/>	£75 <input type="checkbox"/>
Press Registration	£20 <input type="checkbox"/>	£20 <input type="checkbox"/>

*The Journal of Smoking-Related Disorders

[†]Please note that the reduced fee only applies if both registration AND payment have been received before 15 December 1993.

2028389215

HOTEL RESERVATIONS

(A deposit of UK £150.00 per room is required)
Please indicate requirements in appropriate box

Group	Number of Single Rooms	Number of Double Rooms	Total Number of Rooms	Total Deposit (UK £)
A				
B				
C				
D				

Date of Arrival _____ 1994 Date of Departure _____ 1994

METHOD OF PAYMENT

Total Registration (UK£) _____

Hotel Deposits (UK£) _____

TOTAL (UK£) _____

Cheque

UK delegates may send personal cheques. No other personal cheques will be accepted.

Bank Draft

Bank draft drawn on a UK bank in favour of 'International Congress on Smoking Cessation'

Bank-to-Bank Transfer

Bank of Scotland, 19-21 Spring Gardens, Manchester M2 1EB, England

Account No. 00337042. Code No. 12-08-95.

2028089216

METHOD OF PAYMENT (continued)

Credit Card

AMERICAN EXPRESS / VISA / ACCESS / EUROCARD accepted

Credit card no. _____

Card type (e.g. VISA) _____

Name of card-holder _____

Expiry date _____

Amount to be debited _____

Address at which the card is registered _____

Notes

The Accompanying Persons' registration fee entitles guests to coffee, lunch and Welcome Reception, but does not allow access to scientific sessions.

All registration forms must be accompanied by the appropriate payment.

Registration forms without payment will not be accepted.

Please ensure the correct deposit and registration payments are enclosed.

Return this form to:

International Congress on Smoking Cessation

Gardiner-Caldwell Communications Ltd

The Old Ribbon Mill, Pitt Street

Macclesfield, Cheshire SK11 7PT, UK

2028389217

PROGRAMME OVERVIEW

MARCH	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00
Sat 5	REGISTRATION											Welcome Reception	
													Satellite Symposium 1
Sun 6	Plenary Session	Plenary Session	Plenary Session	Coffee	Plenary Session	Lunch & Poster Session	Plenary Session	Plenary Session	Plenary Session	Satellite Symposium 2			
Mon 7	Plenary Session	Plenary Session	Plenary Session	Coffee	Satellite Symposium 3	Lunch & Poster Session	Plenary Session	Plenary Session	Plenary Session	Plenary Session	Parallel Session		
Tue 8	Parallel Session	Parallel Session	Plenary Session	Coffee	Plenary Session	Lunch & Poster Session	Plenary Session	Plenary Session	Plenary Session	Workshops			

2028389218

GENERAL INFORMATION

Venue: Scottish Exhibition and Conference Centre, Glasgow

Language: English

Secretariat:
(General organisation, sponsor-
programme, sponsorship, exhibition)
Gardiner-Caldwell Communications Ltd
The Old Ribbon Mill
Pitt Street, Macclesfield
Cheshire SK11 7PT, UK
Tel: 0625 615325 (direct line)/618507
Fax: 0625 616563

Travel Agency:
Convex Travel
The Old Ribbon Mill
Pitt Street, Macclesfield
Cheshire SK11 7PT, UK
Tel: 0625 427304
Fax: 0625 502058

Accessibility

Glasgow city centre is at the hub of the national motorway system, just 15 minutes from Glasgow Airport and within one hour's drive of Prestwick and Edinburgh airports. It is also served by its own railway station and helipad.
Air: Glasgow Airport is one of the busiest in the UK, handling around 25 flights each day to London alone, as well as numerous flights to Europe and North America.

Road: The nearby M8 Clyde-side Expressway links directly to the central Scotland motorway system which feeds the main north and south motorway networks.

Rail: Visitors travelling by rail to either of Glasgow's main stations – Central or Queen Street – can reach the SECC within ten minutes by bus, taxi or on the Trans-Clyde Rail link to Finnieston Station, which is connected directly to the SECC by an enclosed walkway.

Bus: A comprehensive bus service is available to all parts of the city.

Underground: Glasgow's underground system provides a rapid and inexpensive means of travel within the city centre.

Confirmation

Upon receipt of the correct registration fee, each participant will receive confirmation of registration. Please bring this confirmation to the Registration Desk of the Congress as proof of registration.

GENERAL INFORMATION (continued)

Cancellation

Refund of fees, less a £50 administrative charge, can be requested up to 15 December 1993. After this date, no refund can be made.

Official Letter of Invitation

Official letters of invitation designed to help overcome administrative difficulties in certain countries will be sent on request. It must be understood that such letters cannot guarantee any financial support.

Certificates of Attendance

Official certificates will be available at the Registration Desk on Monday 7 March and Tuesday 8 March.

Technical Exhibition

Companies will have the opportunity to exhibit at the meeting and all participants will be invited to visit the exhibition area. The exhibition will be open from 18.00 hrs on Saturday 5 March to 18.00 hrs on Tuesday 8 March.

Badges

Participants are kindly requested to wear their badges during all Congress activities and social events.

Lunch

Lunch will be provided on each of the full programme days within the SECC.

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REGISTRATION

All Congress documents will be handed out to the registered participants at the Registration Desk during the following opening hours:

Saturday 5 March	13.00-17.00 hrs
Sunday 6 March	08.30-17.00 hrs
Monday 7 March	08.00-17.00 hrs
Tuesday 8 March	08.00-17.00 hrs

Registration and Payment

	Up to and including 15.12.93	After 15.12.93
Subscribers to JS-RD*	£255†	£275
Non-subscribers to JS-RD*	£270†	£295
Single Day	£130	£130
Student/Nurse	£130	£130
Accompanying Person	£75	£75
Press Registration	£20	£20

*The Journal of Smoking-Related Disorders

†Please note that the reduced fee only applies if both registration AND payment have been received before 15 December 1993.

The registration fee includes access to all scientific sessions and to the exhibition. Also included are a copy of the Scientific Programme and Abstract Book, attendance at the Opening Ceremony/Welcome Reception, lunch on each of the three days, together with coffee breaks as shown on the Programme Overview.

The Accompanying Person's registration fee entitles guests to coffee, lunch and the Welcome Reception, but does not allow access to scientific sessions.

Advance registration may be made up to and including Friday 25 February 1994. Late registration will still be possible on site.

TRAVEL AND ACCOMMODATION

As the Secretariat for the above meeting, Gardiner-Caldwell Communications Ltd (GCC) would like to provide you with some information on the hotel accommodation that is available in Glasgow. Convex Travel is holding block bookings with preferential rates at certain hotels. Acting on your behalf, it will ensure that you receive the professional service you require. The hotels have been categorised as follows:

Rates per night (UK £)
(inclusive of breakfast)

	Single	Double
GROUP A	£115-125	£131-140
GROUP B	£100-114	£116-130
GROUP C	£80-99	£91-115
GROUP D	Under £79	Under £90

Hotel Room Deposits

No reservations can be made without the required deposit of UK£150, which must be sent when booking.

Rooms will be allocated on a first-come, first-served basis, and if it is not possible to allocate rooms of the desired category, the Secretariat will allocate a similar standard where possible.

Cancellations and Refunds

For room cancellations received in writing before 15 December 1993, the hotel deposit will be refunded. There will be NO refunds for cancellations received after the above date.

How to Pay (Registration and Hotel Deposit)

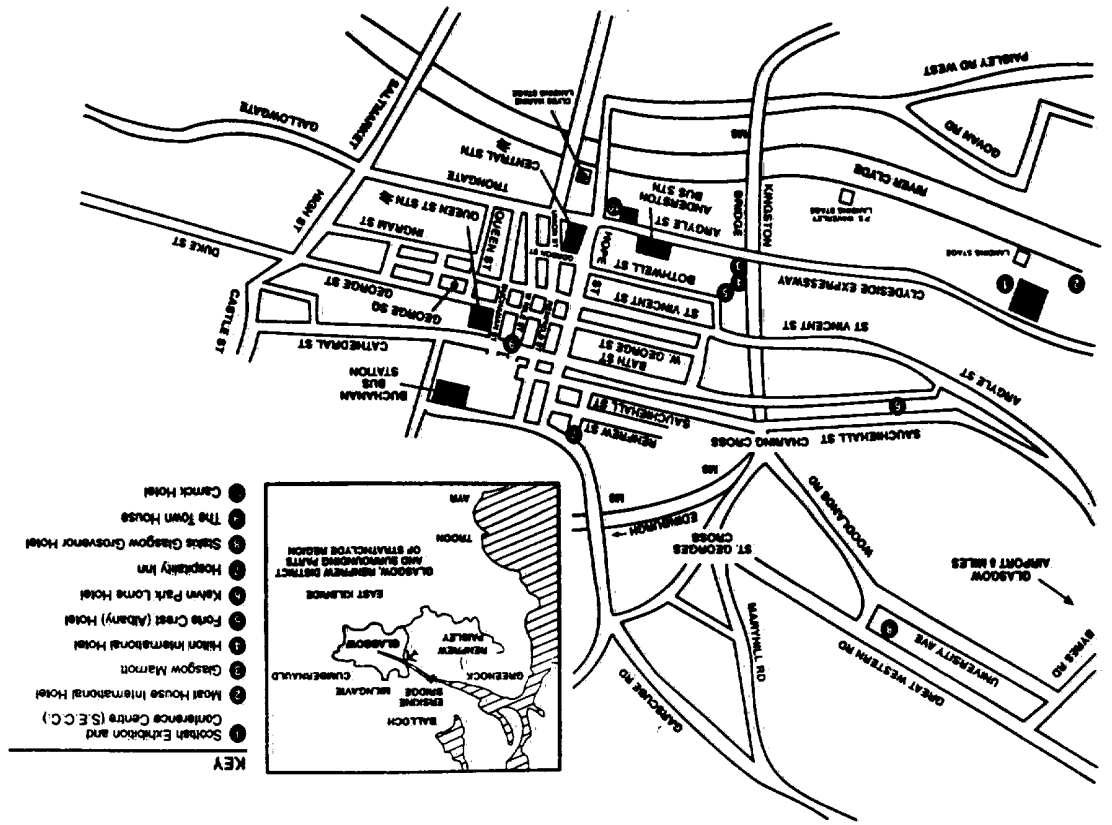
Personal cheques will be accepted only from UK delegates. All other delegates should use international bank transfers, banker's drafts drawn on a UK bank or credit cards. All payments are to be made to:

INTERNATIONAL CONGRESS ON SMOKING CESSATION

Convex Travel is an agency specialising in all aspects of travel to medical meetings and is able to offer competitive rates on air, sea and land travel. The contact details can be found on page 8.

0226889220

MAP OF GLASGOW



2028389221

MAJOR SPONSOR

We are grateful to Kabi Pharmacia Nicorette, a major supporter of this congress, for sponsoring this publication.

NICORETTE® (Kabi Pharmacia Ltd)

In recognition of the world-leading position of Nicorette® in the research and development of smoking cessation therapies, the company is pleased to be a major sponsor of the First International Congress on Smoking Cessation. Our involvement in smoking cessation began in the 1960s. A team of physiologists from the University of Lund approached the Swedish scientist Ove Ferno, employed with what is now Kabi Pharmacia. During their investigations into the poor concentration and irritability typically found among submarine crews, they suspected that these symptoms might actually be linked to the nicotine abstinence enforced by the smoking ban on board. Ove Ferno hypothesised that replacement nicotine in another form may alleviate symptoms associated with nicotine withdrawal. Thus the concept of nicotine replacement therapy was formed. Further research and development led to the registration of Nicorette® Gum as a leading treatment for smoking cessation. At Nicorette®, we recognise that no two smokers are alike. With this in mind we are committed to providing a range of dosages and forms tailored to meet individual needs. Nicorette® Patch is now becoming established in many countries and will soon be joined by other new and innovative products offering an effective choice for millions of smokers who want to give up and need help. We at Nicorette® wish every success to this congress and hope that our support will contribute towards the further sharing of knowledge and understanding of all working in this challenging area.